



## Stedi-One – Healthport Australia User Manual (English)



**Note.** Before operating the product, please read these instructions and user recommendations carefully and keep for future reference.

## Important Safety Information

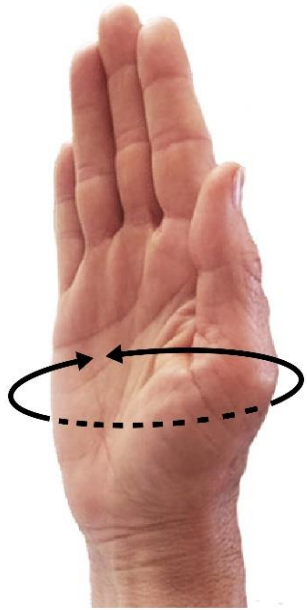
- **Beware of magnetic interference.** The Steadi-One stabilizer unit contains a small magnet. If you are undergoing an MRI, have a cardiac pacemaker or other implantable medical electronic devices, please consult your healthcare provider prior to using the glove. The Steadi-One is a Class I medical device that is FDA registered and has received a medical device establishment license from Health Canada.
- **Do not expose to flammable gas and high temperatures.** Keep away from source of ignition, direct heat, such as microwaves and ovens.
- **Keep away from water.** Do not immerse in or expose to excess water while handling. Failure to keep product to a minimal wet environment may result in damage to the product.
- **No sharp objects.** Do not drop or insert objects into product openings.
- **Do not use glove:**
  - while driving, operating any form of machinery
  - while operating sharp objects such as knives
  - while running, exercising, climbing stairs or playing sports
  - in extreme weather conditions
  - while sleeping
- **Do not disassemble stabilizer unit.** Touching the product's internal parts could result in an injury. In the event of a malfunction, the product should be repaired only by Steadiwear Inc., technicians.
- **Travel friendly.** Steadi-One is safe for travel and is classified as a Class I medical device. The device is battery free and is activated upon sensing a tremor above 2Hz. You will not require any special documentation.
- **Use product appropriately.** Use the product for intended purpose only as described in the user manual.
- **External use only.** Do not open up stabilizer and consume fluid.
- **Keep out of reach from children.** Failure to adhere to this precaution can result in injury. Note that separate units of the glove can constitute to a choking hazard. In such circumstances that a child does swallow any part of this product, immediately seek medical assistance.
- **Warranty disclaimer.** Modification of the unit will void the warranty.

## Getting started

Before trying the Steadi-One glove, take a few deep breaths. Anxiety can worsen your tremor, so use the Steadi-One for the first time without anyone watching. Keep in mind that it may take some time to get use to doing daily tasks with the Steadi-One. At first use, it is common to feel unusual about having a glove on however this is completely normal. The Steadi-One works best to reduce your hand tremor when you allow your tremor to take its natural course.

We understand the Steadi-One does not work for everyone; we do recommend trying the Steadi-One for at least two weeks to decide if it's right for you.

Your Steadi-One glove comes with a single glove, a stabilizer unit, portable pouch and a user manual. The glove is made from premium lycra for all day comfort and a non-binding wrist glove featuring fast, durable and micro-adjustable BOA® Fit system. Available in 3 sizes.



### What glove size is right for me?

With a string or sewing tape measure, wrap it around the widest part of the hand, including the knuckle of the thumb, and measure the circumference carefully.

#### Sizing Chart

Small	Under 23.5 cm (9 1/4 inches)
Medium	23.5 cm - 25 cm (9 1/4 - 9 7/8 inches)
Large	Above 25 cm (9 7/8 inches)



## How to Use

### How to wear glove

1. Make sure the damping system is properly attached to the glove
2. Loosen BOA® knob #1
3. Loosen BOA® knob #2
4. Slide hand inside the glove
5. Adjust both knobs until it feels snug but comfortable

### How to remove glove

1. Loosen BOA® knob #1\*
2. Loosen BOA® knob #2\*
3. Slide hand out of glove to remove
4. Store glove appropriately

\*To loosen the BOA® knob pull it upwards until you hear a click, then you can loosen the cable.

For more information, please refer to the instructional video on [www.steadiwear.com](http://www.steadiwear.com)



## How to Care for Your Steadi-One

For the Steadi-One we recommend that you wash the lycra glove after every 2 weeks of regular use or when you feel it's necessary. Before you wash the glove, the dampers should be detached:

1. Gently unfasten the velcro rubber cover from the back harness.
2. Gently press the front harness release down until you hear a small click.
3. Pull the damping system up and forward until the rod completely slides out of the tube.

### Washing Instructions

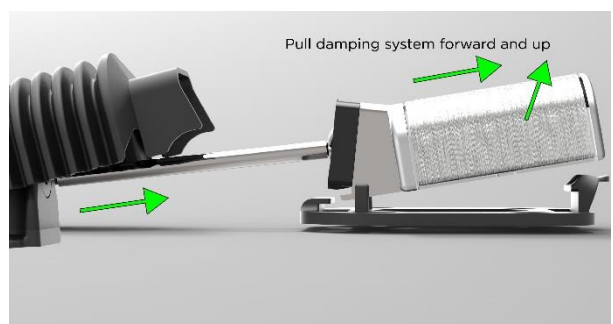
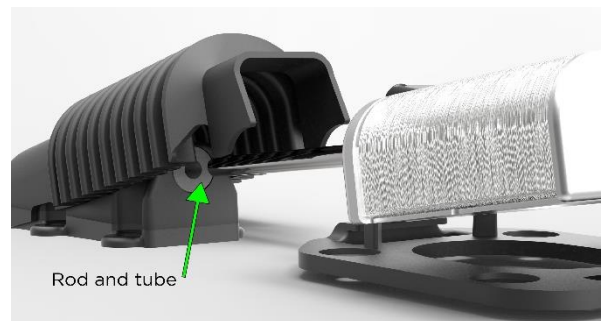
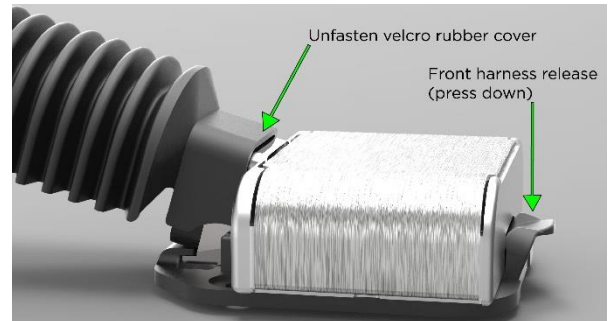
You can wash your glove with different methods:

- Machine wash in gentle cycle (cold water). Place glove in portable pouch before putting into the washing machine.
- Hang to dry or tumble dry on low heat setting.
- Hand-wash with warm water.

Practice good housekeeping to keep dust and contamination to a minimum. For safekeeping, always place the Steadi-One back into the portable pouch and store the glove flat in a clean, cool, dry condition away from direct sunlight or heat.

For more information, please refer to the instructional video on [www.stediwear.com](http://www.stediwear.com)

### How to Detach Dampers (Follow steps 1-3)



## Warranty

**Stedi-One comes with a limited 1-year warranty.** This warranty applies under ordinary and reasonable use conditions. The warranty does not cover the following:

- dropping
- liquid damage
- force damage
- damage due to misuse
- alterations or repairs performed by a third party other than Stediwear Inc.

If covered damage occurs outside the warranty period, we will require the unit to be sent to our main office and the service will be priced based on the severity of the damage.

### **To make a warranty claim:**

- Email us at [hello@healthport.com.au](mailto:hello@healthport.com.au)

## Liability Disclaimer

- In cases where the glove is used improperly (i.e. while playing high impact sports) Stediwear Inc., or Healthport will not be held liable.
- The use of the product does not guarantee protection from any injury.
- The use of the product does not guarantee any enhanced level of athletics or physical performance.
- Consult healthcare provider for any adverse medical reactions or conditions as well as any questions pertaining to how the product applies to specific medical conditions.

## Returns

To return your Steadi-One glove for a full refund, please do the following:

- Email us at [hello@healthport.com.au](mailto:hello@healthport.com.au) to request an RMA (return merchandise authorization) within 30 days from when you first received the product as determined by the tracking information.
- Once instructions have been conveyed, return the fully-functional product to us in its original packaging with all components. The return must be postmarked within 14 days of when the RMA was issued. Return Shipping will be covered by Steadiwear Inc if returned within the 30-day trial period only.
- All items returned must have an RMA number. Returns without an RMA number may be returned to the sender at their cost.
- Keep in mind that once the product has been shipped for return it can take up to 2 weeks to process your refund from the time your return arrives at our warehouse.
- After the return policy time frame, only warranty claims can be made. Please see warranty section for more details.

### Return information

Contact Healthport for product return RMA:

- Email us at [hello@healthport](mailto:hello@healthport)

## Contact us

Address: Healthport  
PO Box 422  
119 Belair Rd  
Torrens Park SA 5062

Email: [hello@healthport.com.au](mailto:hello@healthport.com.au)

Website: <https://www.healthport.com.au/>